

mtpsfts19

Tue, Jun 11, 2024 4:03PM 10:33

SUMMARY KEYWORDS

woman, deal breaker, nose ring, situation, nuts, white t shirt, man, change, driving, shirt, summit, simply, self esteem, met, kid, wearing, deal, date, scott mckay, long term relationship

SPEAKERS

Edroy Odem, Scot McKay



Edroy Odem 00:01

Scott, you're listening to snippets from the summit with your host, Scott McKay. How's it going,



Scot McKay 00:08

gentlemen? This is Scott McKay from x and y communications, coming at you again with another snippet from the summit as part of the mountain top podcast. On a recent coaching call with one of you guys, this topic came up, and I thought it was a really good one, because I'm not really sure I've ever addressed it before, at least not directly. So here's the scenario at play here. Let's say you meet a woman and you really like her, you get along with her, you're connecting. You find her very but there's just one thing about her that you really would love to change. In fact, it's probably a deal breaker if it doesn't change. Well, what do you do about that? You just get over yourself and go, Hey, you know what? It's probably only me. I'm the one with the problem here. Just take her as she comes. The rest of her is fine. I'm just being silly. What am I going to do? Find the perfect woman out there somewhere, etc. Those are the ways we rationalize staying with a woman when something is driving us nuts about her, but I would offer a different solution than simply pushing through it and dealing with it as if it's your own fault. First and foremost, you have to ask yourself a very key question is, what's driving you nuts about her? Something that can theoretically change, or, better yet, something that you could influence her to change. In a very specific situation, a guy came to me and said, Well, I met this woman, and she's really great, but she has a nose ring. And nose rings drive me nuts. What do I do about it? Well, see, in the situation of a nose ring, or, you know, anything like what she's wearing, what her style is, her haircut, anything along those lines. I wouldn't necessarily bring it up the first time you met her, because that would sound really arrogant, and she hasn't the connection with you yet to really feel any kind of need, to want to make you happy. But see, that's the thing about women. Once you do make them feel safe, once you do attract them, once they're into you, then they're all about doing what it takes to look particularly attractive for you, and frankly, only you. That's the time when you could say, you know, I've never told you this before, but I really I'm not so into the nose ring thing. How important is it to you? And then she wouldn't be offended by that. But see, even as I'm suggesting the context that would be proper to say such a thing, I fully realize, as I hope you do, too, that this all has to

do with how well you know the woman, how much you're into each other and the kind of relationship you've already built, it may be okay to say something like that sooner than later in certain scenarios, depending, once again, on how your connection is going. Now, see, however, it gets a little trickier. If it's a situation like, say, some kind of mole on her skin that she would need a dermatologist to remove, or if it's really driving you nuts that she's about 30 pounds too heavy, and you really wish she'd lose the weight, because then her self esteem is involved, and it takes, certainly, a lot more efforts to influence her. And then again, she's also got to want to see that change for herself and see that's the thing. I've been at this for 19 years now, and I'm not sure I can pinpoint the right situation to be direct with a woman that she needs to remove a mole from her skin because it's driving you nuts. I would think that would have to be a relationship that's pretty far along. And the catch 22 there, of course, is how long are you going to deal with it before you can talk about it? Now, some of you guys are saying, Well, man, you know, you're really being shallow about something like that. Hey, here's what I have to say to each and every one of you out there. Nobody can tell you it's right or wrong for something to be a deal breaker about a certain woman. I know guys who have all kinds of somewhat esoteric deal breakers, but you know what? If they're not going to be happy with that woman because of said the deal breaker, then that woman should be with a guy for whom it isn't a deal breaker, and that guy should find the woman who doesn't have that deal breaker present now onward in this conversation, what if it's something that a woman just can't change or isn't likely to change, like her height or her religion or her core values, who she votes for? And by the way, guys, don't kid yourself if you're on a missionary date here hoping to convert her, either religiously, politically or otherwise. Frankly, stop kidding yourself any victory you perhaps think you see there will be a Pyrrhic one at best, because she's simply trying to appease you. Once she gets a little bit more comfortable with you still, and you ease into a long term relationship where you're not likely to break up, she's probably going to slip back into that belief system. Because guess what? It really didn't ever change. So so far, we've talked about those situations where there's this one potential deal breaker, and if it just wasn't there, the woman would be just right for you. But you know what? Sometimes it happens in reverse. And here's what I've noticed, when a woman meets a guy, and there's one thing about him that drives her nuts, how bold she is about blatantly announcing it to him, and sooner than later, perhaps even when she first meets him, or on the first date or shortly thereafter, depends on how confident she is. Does she have high self esteem? Does she know that if you don't want her, there are innumerable other men out there who will because what I've noticed is when women are like that, they will tell you exactly what they think, and they will do it pretty quickly. I've also noticed that if it's a deal breaker, you can't change, or would be difficult for you to change, they'll probably say, Thanks, but no thanks, and move on immediately. Now the big question that arises from all of this, of course, is should we be likewise, just as bold, just as upfront, seeing ourselves as the prize. And you know what? If it's something she's not able to change, or unlikely to change, simply move on quickly. Well, you know what? I'm gonna leave that an open question right now, because I think there's certain room there for the finesse that goes on between the male and female dance. I think sometimes women think men are a little tougher, have a thicker skin and can handle blatant announcements from women like this, perhaps more than they would be able to bear themselves. In other words, they condition out, but they can't take it. In many ways, it might be a little brusque for a guy and perhaps insensitive to the masculine feminine dance, indeed, for us to simply announce to a woman that there's something we don't like about her, but that said, I do think you can make decisions based on this as quickly as you want to, and simply say to a woman, you know, I just don't know if it's going to be a good fit. And like I said before, if it's something that you can influence her to change the way that influence works is a little bit different for men upon women than it is for women upon men sometimes. Let me give you a shining example of exactly what I'm talking about here when a woman announced pretty quickly and boldly that she wanted to change

something about me. It all happened right after I started dating a particularly attractive woman, and on our third or fourth date, I had changed, and I came out wearing a pair of nice walk shorts, because it was summertime here in Texas and it was hot, and a white t shirt, no print, no logo, no catchy saying on it, just a white t shirt. And she looked at me and just flatly said, Oh no, no, no, I'm not going to be seen in public with any man who's just wearing a white t shirt. And see I know already some of you guys are looking at this situation going well, yeah. I mean, you know, women will say this kind of stuff to us all the time. Why the double standard? Well, it has, indeed, a lot to do with confidence. So in that situation, because I had become a more confident man with women myself, I said to her, You know what, I kind of like this shirt. It's a designer shirt, and I want to keep it on. But she persisted. She held her ground, and she said, nope, nope, nope. I'm not going out with a guy dressed like that. Now, you may, by now, be identifying this as what's commonly known as a test, and then at that point I might say, well, you know, show me where the evil man in the white t shirt touched you, you know. So that would make light of the situation, call to account the fact that she's being ridiculous, and kind of make a joke out of it, as opposed to me taking myself so seriously and seeing this as some kind of standoff. I could have done that, and I don't remember whether I did something like that or not in context. Actually, all I remember is I ended up changing the shirt, and here's why, knowing she was going to stand her ground. I said, Okay, let's say I go in there and I change the t shirt to something else, maybe something a different color. But the game changer in this particular scenario was I said the magic words after that, what's in it for me, right? Because now I have to strike a deal with her. I get something in return for giving her what she wants. Hey, she really wants me not to wear the white t shirt. What's in it for me? And in response, she indeed said something to the effect of, well, you know, if you're willing to take off that white shirt, maybe I'll be willing to take off everything a little bit later. And I said, that sounds like a fair deal, I suppose, Crisis averted. So the point here, guys is, if it's something that can be changed, if it's something rather innocuous, is driving you nuts. A little confidence with a little care, so you're not blowing her self esteem out of the water, right? Can go a long way earlier than later. If it's something that's difficult for her to change, you're going to have to figure out whether you want to wait that out or not until it's a good time to talk about it. And indeed, you'll probably have to help her with it, right if she's interested, and if it's something you just can't change, don't kid yourself. Okay, move on to a woman who's right for you, because I'll tell you what, guys, even though it's just one little thing and it's driving you nuts. It really is a deal breaker. Want to talk about this or anything else? Scott@mountaintoppodcast.com be good out there,

E

Edroy Odem 10:10

as always, visit mountaintoppodcast.com for more you.