

# mtpsfts17

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## SPEAKERS

Edroy Odem, Scot McKay

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Edroy Odem 00:01

You're listening to snippets from the summit with your host Scot McKay.



Scot McKay 00:08

All right, how's it going, guys, this is Scot McKay. And for you today I have another snippet from the summit as part of The Mountain Top Podcast. Today I want to talk to you about a concept that is going to be absolutely familiar to you guys, if not something that we really think about enough, and really reconcile it in our own minds. And that is how we perceive attractiveness and women compared to how well perhaps society perceives attractiveness and women. Now, here's the thing. I think we all know that skinny, leggy supermodel type women are held up even nowadays by society, as well, the paragon of physical beauty, sexiness, attractiveness. And I mean, nowadays, I think we can acknowledge that the concept of fat shaming has come to the forefront in the public Zeitgeist nowadays, and of course, plus size women are being put forward as being attractive also. But there's kind of this undercurrent, all the while that, hey, we acknowledge these women aren't really well sexually attractive, but they need love, too. And it's all about tolerance, and equity, et cetera, et cetera. But here's the really strange thing. And I'm going to get right to the point here. Not every man thinks skinny women are the most attractive women, regardless of what the fashion industry, etc, tries to tell us, as a matter of fact, what society tends to put forth as the most attractive to us men, women, or anybody is that which is hardest to attain. And of course, being skinny is a lot more difficult and arduous than, you know, becoming overweight. And perhaps being healthy is more difficult to maintain the being unhealthy. If you're losing hair, getting your hair back is harder to do than simply let it fall out. Or, God forbid, shave it off, take control of that as a man right. And the potential fixes to become attractive. visa vie society's apparent opinion on the matter are expensive. They cost a lot of money, perhaps every month for the rest of your life to maintain. But see, here's the thing. If we as men are honest with ourselves, a whole lot more of us like women with a fuller figure, let's say, then society would tell us, as a matter of fact, in Yiddish, there's even a word for it, that doesn't exactly translate to English. And that's ZAFIT, ik and ZAFIT. IQ woman is kind of full figured she has all the curves in all the right places. That's one word to describe that woman completely. In Yiddish. Everybody can picture the woman you're talking about when

you utter the word ZAFI IQ and it's not a pejorative term. It's a very positive complimentary term for a woman to be referred to as athletic. So you know, if you're a man who likes women with curves, if you like hips and thighs, and boobies, you are not alone. And you know what I think deep down, you already know that. Here's the proof. You don't always get proof, by the way in society when it comes to holding all of these standards that are imposed upon us to the light. But in this case, there's objective proof. It may not come from the most savory source possible, but it is a very reliable one. Nonetheless, all you have to do is log into a porn site. And just look at the highest ranked most searched female porn stars. You're going to notice Yes, there are some of them that are very skinny, very bony. But if you look at the actual statistics, which mind you are driven by an anonymous internet, this is how men are really actually searching and what their real actual tastes are, even when no one else is looking. So this is stark truth staring us in the face here. The most popular most searched porn stars usually are very curvy. They usually weigh more than women especially would guess those women would weigh in order to be pleasing to men. You see, most women are busy trying to get skinny or lose weight, wishing they were something they weren't. They have horrible self esteem as a direct result, even when many times they're actually getting real world approval for men for their physical shape. And yet their body image is still in the gutter. Why? Because of what society has told them. Not the real actual input from men. Hey, you know what, I'm raising my hand. I look at a lot of skinny women out there and go man that girl needs to eat. I've never personally been a fan of skinny women. I don't like morbidly obese women either, which is a disclaimer that has to be expressed here. But there are lots of women who look very healthy at a weight that I think if we as men knew they tipped the scales that would be surprised that we're still attracted to them. But indeed we are. For example, a woman who's five, five 150 pounds, is going to look fantastic to a whole lot of guys, if the curves are in the right place, and she's proportional. Now, you guys have probably heard of the golden ratio, which is a seven to 10 waist to hip ratio, as long as a woman is in good proportion, that is usually going to be attractive to a whole lot of guys sexually. There are other studies that have talked about symmetry in terms of a person's appearance, male or female, that makes them sexually attractive to others. And factor is a Psychology Today article that I will put in the show notes for this particular podcast episode that cites several scientific studies demonstrating how even though women think men desire skinny model type female bodies, sexually, they're usually wrong about that. So I think we can establish very clearly factually and objectively that not only is it okay for us to prefer women sexually, from an attractiveness standpoint, who are a lot well curvier, and who way more than society would tell us we should be attracted to. It's actually normal for us as men to prefer women who are more well, zaftig. And here's the other thing, while we're talking about women were sexually attracted to. It's important to note here that a lot of times, especially in Pickup Artists advice, looks are the only factor considered when deciding whether a woman is a quote unquote 10 or not. Now listen, if you look at the top 100 Hottest Women list proffered every year by men's websites, it's almost always about looks, isn't it? But gentlemen, deciding who your 10 is, can't to be just about looks. What if she stuck in rehab all the time? What if she's batshit? Crazy? What if she's not very sweet or nice to you? What if she has major character flaws? What if she's not very healthy? Well, all of these should go into deciding that whole package. Who is your 10? And again, right, while one man may indeed find a skinny, leggy supermodel who has a shallow personality to be his 10 You might like that little five foot one former gymnast who had to quit gymnastics when her boobies got just a little too big, who has a very sweet personality and who may be a little gritty and tough around the edges and able to bait around hook. Your woman who does it for you is your tan. And you are always going to be the sole arbiter of that. Period. End of story. Meanwhile, you know, some of these other guys girlfriends need to eat. Want to talk about this or anything else? Scott at mountaintop podcast.com Be good out there.



Edroy Odem 08:08

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