mtp411

SUMMARY KEYWORDS

people, nowadays, women, dating, 80s, hair, love, hookup culture, men, blind dates, talking, curlers, emily, girls, kids, good, college, online dating, changed, meet

SPEAKERS

Emily McKay, Edroy Odem, Scot McKay

Edroy Odem 00:05

From the mist and shrouded mountaintop fortress that is x&y Communications Headquarters. You're listening to the world-famous Mountain Top Podcast. And now, here's your host, Scot McKay.

- Scot McKay 00:18

 How's it going, everybody? My name is Scot McKay.
- E Emily McKay 00:20
 And I'm Emily McKay.
- Scot McKay 00:22

And we want to welcome you to yet another episode of The Big Show. Today, we're going to talk about a fun topic and we're going to kick it old school. All right. Now, before anybody gets the wrong idea that we're like two dinosaurs up here, saying, In my day, we used to walk you know, 10 miles in the snow each way uphill, we're not going to do that show. No, no, we're gonna have a lot of fun. As dating and relationship coaches for nearly 20 years now, we've done a lot of thinking about dating and relating, haven't we, Emily? Over the years,

Emily McKay 00:53
we have and you know, a lot has happened in 20 years, dating has changed a lot in 20 years, and we've witnessed it. Yes. And that's what we're going to talk about today. So



not only however, has dating and relationship being changed over the course of the 20 years, we can also look a little further back in time, because you and I both lived in the 80s and 90s. Before we were ever dating experts, we were probably quite the opposite when we were kids. From what I can tell right and go back into the Wayback Machine and kind of talk about the way things were back then. And you know, whether it's better or worse nowadays than it was back then. You mean before electronics before electronics before? Emo before men dressing like women and women dressing like men just for fun, and to scare their parents. Oh, yeah, we got a lot to talk about. So let's go ahead and dive right in. Emily, how about the styles and behaviors from the past that we tend to cringe at when we see old pictures of were they really so bad? Or would some of them be kind of nice if they came back and

E Emily McKay 01:57

style? I don't know. I kind of missed the 80s hairstyle. You know, when we had their hair kind of sticking up and poofy and fluffy and curly and cute.

Scot McKay 02:05

Oh, you know, that's the first thing I thought of is the 80s hair. I mean, even like late 70s hair, whatever happened to feathered hair on women?

E Emily McKay 02:16
Oh, no, I was thankful when that was gone. Really. We as

Scot McKay 02:18

men just love that. I mean, it was so feminine. It's so soft. And when you run your fingers through women's hair, it kind of is just so female and you know that that was dead and gone. Man feathered hair never came back. And for good reason. Well, what's the good reason? What's a bad about? Is it hard to tease your hair to do that? Or is it hard to get it cut? Right? Oh,

Emily McKay 02:39
my hair didn't part right for it. Well, okay, so

Scot McKay 02:42 this is a personal thing.

- Emily McKay 02:43
 - Of course. I don't think I'm alone in that though.
- Scot McKay 02:46

Oh, it's probably true. I mean, I don't think us as guys really delved into the matter and said, Hey, you Why isn't your hair feathered? Does your hair part the wrong way or something? I don't think we were that astute.

Emily McKay 02:57

No. The perm came in and it was much more popular. The perm?

Scot McKay 03:00

Yes. Oh, you gotta be kidding me. Like Bob Ross type of perm.

Emily McKay 03:05

No, no more like, like Dirty Dancing, the girl and the main character with a real pretty perm. Okay,

Scot McKay 03:12

wow. Oh, yeah. Well, the Bob is a whole different thing. Okay, all right. I mean, if you're talking about a Bob, I'm thinking more like the Dorothy Hamill haircut from the 70s. I liked that haircut. Because I like women with short hair. I'm weird. I love that. Oh, yeah. Because you have short hair, and you look great with it. Now the 80s hair with like that little poof on the front and the curls and all that hair. Oh, yeah. I want to bring that back. What happened? I mean, that was great hair.

Emily McKay 03:40

I know people have now gotten into the funk of just getting up and just making sure they don't stink, brushed your teeth and run out the door. As is.

Scot McKay 03:49

I guess. You know, we've just gotten lazy and we don't care anymore. Yeah.

Emily McKay 03:53

And it shows when you go to the store. I've seen people in pajamas and their slippers at the grocery store.

Scot McKay 03:58

Well, you know, I think pajamas are really cute on women. So I can kind of get into the pajamas thing, but the not caring thing. I don't know. I go back to the 80s. And the way I look at it is everything preppy, the whole preppy handbook thing. And then when women started wearing the bright colors, yes. And also when the whole surfer image thing came out with the jams, shorts and Quicksilver everything and everybody always looked like they went to the beach. I loved that. I thought that was just so amazing for women. But I don't know about guys and pastel pink and blue and unconstructed blazers and all that Don Johnson crap I mean, would you women want that to come back? Probably not the cavalry chi pants. Remember those the poofed out pants?

- E Emily McKay 04:45
 I was thinking of the parachute pants. Oh, yeah, well, those
- Scot McKay 04:47
 can stay firmly and better than the past. And the Michael Jackson like vas, like white boys used to wear that stuff to school and everybody would just go no even back then it was wrong.
- E Emily McKay 04:58
 I wouldn't have many people have destroyed those pitchers.
- Scot McKay 05:01

Well, you know, I have my I'm not even gonna mention the number. It's a milestone of a class reunion coming up. Yeah. And we're flashing way too many pictures at each other of what we used to look like. And the girls are all horrified by their hair. And the men are all like, oh, no, the hair is not the problem. It's what I'm wearing in that picture. That's the problem. But see if it comes back in style, it would be okay. Whatever it is,

- E Emily McKay 05:25 right? Yeah. See, see it not happening?
- Scot McKav 05:28

----, -----

Yeah, me either. You know, there's a lot of talk about dating being dead, Emily, I mean, was dating really drudgery. And here's probably a more important question is whatever it has evolved or devolved into really better nowadays.

Emily McKay 05:44

Why was a lot of fun back then. I mean, you go out and you socialize, and you met people through other friends or you met them through work? It mean, everything was social back then.

Scot McKay 05:55

Yeah, like in real life. If you didn't ask a girl out in real life, you really were never gonna get another chance?

E Emily McKay 06:01

No, our Facebook back then was facing face to face.

Scot McKay 06:05

Yeah, we had face to face no book. Right. Right. Exactly. And I remember though, as a kid, having to pick up the phone and call

Emily McKay 06:12 girls. I missed that. Well, I

Scot McKay 06:16

think a lot of women miss that. In particular, I think fewer men do because one thing I think a lot of female human beings overlook, especially when men are the ones doing most of the asking out. And that's the way it was back then we could talk about how that might be different now. Because I think a lot of guys have stand up and share that a lot more women are a lot more forward than they used to be makes it easier. Yeah. But back then what happened is we had to pick up the phone, and we had to call you and assuming we didn't get the dreaded answering machine, which we would freeze up at and not get a second chance at before voicemail. Oh my god, that was awful. We had to figure out what to say. In real time. There was no texting yet texting has made it so we can kind of collect our thoughts and figure out how to respond to each other and look cool, without being put on the spot and making mistakes like we had to in not only real life, but on the phone as well.

Emily McKay 07:09

Well, not to mention when you made that phone call and got that dreaded voicemail. Hang up because caller ID wasn't around yet. Oh,

Scot McKay 07:15

but it was well, it depends on how far back you're going right in the 80s. We had it well. Not everybody had it. Not everybody had it. She had to kind of go. Oh God, I hope she doesn't have caller ID

- Emily McKay 07:26 and it didn't have your name. It just had a phone number.
- Scot McKay 07:28
 Right. Did you ever call anybody back? Who hung up?
- Emily McKay 07:32
 Of course you did not think so.
- Scot McKay 07:35

We'll see. You're making my point for me. It was awful. It was dreaded. Also, do you remember the emergency break through through the operator when one of your friends was on the phone for ages? And they just wouldn't get off. So you'd call the operator go I want to make an emergency breakthrough. 25551212

- E Emily McKay 07:52 I was not born yet. Oh.
- Scot McKay 07:56
 This is like I've heard about
- E Emily McKay 07:57 that about that though. Oh



my gosh, it was so obnoxious. It was so obnoxious. It's right up there with making a collect call from a payphone to your dad from pick us up at the roller rink. What about roller rinks man? Oh, yeah, we should totally bring roller rinks back here in San Antonio. We do but it's not like a thing. It's not in the zeitgeist of kids to kind of go do the roller rink on Saturday night or Friday. Yeah, I mean, it kind of went along with disco. Whenever that was a great place to hang out with girls. On the weekends. Social it was like blind dancing for kids. They didn't have alcohol. Yeah. Well, it's rare

Emily McKay 08:40

to find that anymore anywhere. But this particular one here in town does they have date night? Well, that's

Scot McKay 08:46

good. But I'm telling you, we probably had 15 or 20 roller rinks in Baltimore back in the day. And I bet there's not that many now. And if there are, it isn't, for high school kids going on dates, that's for sure. That's for sure. True. Yeah. So dating in general. I mean, nowadays, people kind of just meet each other and add up together. We do the Netflix and chill thing a couple of times. And boom, I guess we're going out. Were seeing each other. We're talking used to be talking remember, someone says talking to so and so. Now they're hanging out? Unless we really are dinosaurs and it's evolved to something else now? Like, I don't know. I hear hanging out talking.

Emily McKay 09:29

I hear hanging out, you know, with my friends. That's what

Scot McKay 09:31

our teenage kids say. Right. Right. Exactly. So I think we're onto something there. I don't know. I think it was fun to actually go on dates, planned dates, take a woman out and show that you were interested. More blind dates. Oh, yeah. Blind dates. Wow. I mean, that is really an interesting segue. I don't know if we've covered the previous question well enough yet. I think it's an open question as to whether it's better or worse to have to plan dates and show real interest before actually ending up together. Whether people actually liked that more casual atmosphere that seems to have replaced dating, right, man, it's like

Emily McKay 10:07

dinner and making sure you have the right fork and you know, don't eat anything that's going to make you messy. Yep.

- Scot McKay 10:14
 - Right. Well, that's, that's another whole podcast on how to actually do the date, right? Which we probably should do.
- Emily McKay 10:20

They don't really do that so much nowadays. Now we kind of go for coffee.

Scot McKay 10:24

Right? Well, what I was about to say is with so many people meeting online, and knowing each other, either well enough, that by the time they go out from working together, etc, that they're already cool with each other. They're already pretty much clear that we're together and we should just kind of lapse into Netflix and chill. Also, when we meet online, and the online dating thing happens, or apps, we already realize, hey, you know what, there's potentially an attraction here. So let's go out and just get to know each other. See if it works. In case there isn't any attraction. A date is reserved for people who are actually really attracted to each other. Otherwise, you have to be a moron, as a guy to go out and pay all that money, spend all that money to meet a woman you've never met before. Right? Especially

- E Emily McKay 11:07 nowadays with the inflation of food and going out to eat. Then eating was cheap.
- Scot McKay 11:13
 Anybody got money for that?
- Emily McKay 11:14
 Well, you remember, Mexican Food Platter? A plate was three to \$5 Oh, yeah,
- Scot McKay 11:20

man, when I was a kid in the mid 80s. Taking a girl to cheat cheese was like a godsend. Because you could have two people no alcohol, of course, right? We're all under 21. You can take a woman out to a real honest dinner. And it was good stuff. I mean, cheese was really good. Okay, especially if you're in the Northeast, and you don't know what real Mexican food looks like, or tastes like or smells like in the year 1985. Right. But oh, yeah, you could get out of there for 20 bucks with a tip back in the day. I mean, cheese plates were like 599 699. And the girl would think like, wow, this boy actually likes me. He took me out on a real date. Yeah, not anymore. No,

- E Emily McKay 11:55

 no. Two people you get out 100 bucks. No,
- Scot McKay 12:00

it's just wrong. It's like going out to eat has gone up in price a lot faster than the rate of inflation. It's kind of like college. Right? Exactly. Like And if nobody can afford college anymore. Like everybody went to college back in the day, and your parents would pay for it. Nowadays, nobody can afford college, or they're doing college online. Or they're commuting. Or they have to pay for themselves because their parents like forget it. And more than ever, people were even doubting the whole idea of going to college. And college is a dating paradise, especially when you live there when you're on tour. Well,

- E Emily McKay 12:37
 that's the one thing that hasn't changed in some ways is people meet there and they end up dating. And they still do that today, with the exception of those who are doing online college,
- Scot McKay 12:47

 right, with the exception of all the people who have decided college isn't worth it anymore. So maybe that's something that we're gonna see a trend towards in the future. Is fewer people meeting at college, right?
- Emily McKay 12:56

 Because when you graduate high school, if you don't go to college, your dating pool shrinks dramatically.
- Scot McKay 13:01
 Yes, absolutely. Because you're out there in the real world.
- So now you have to meet at work, or online. And the differences at work back then was not a problem. A lot of people who got married were because they met somebody at work nowadays with all the rules and regulations. You can't date each other and it makes it harder to date somebody within your work environment. Yeah,



true. It really is true. And plus, people telecommute nowadays, yeah, there's more of a trend towards people not seeing each other in real life. And I mean, that can't be good for male female relationship.

Emily McKay 13:34 Zoom, zoom. Zooming,

Scot McKay 13:36

I know, all I want to do is zoom, a zoom, zoom, zoom in a boom, boom, that sounds like oh my god, how come? How come none of the online dating sites, especially the hookup sites have ever co opted that song as part of their marketing? And maybe they will after this? Yeah, you know, maybe someone will be listening to this and go, Hey, good one, right. Yeah, we won't get the payment Monday commission. Zoom, a date, zoom a date, hey, maybe there's a biz op there. Or you were talking about blind dates earlier. And let's go back and revisit that. And I think this is actually a good place to do that. I have been on record in the past Emily as saying, online dating is the closest we'll ever get as full grown ass adults to replicating that high school college environment where we were together with a whole bunch of people who were single, and we knew it. And yet online dating has devolved into dating apps. Based on very, very quick first impressions. Were in a swipe right swipe left culture, and people make decisions on whether they're going to be potentially interested in someone online or not way too quickly. Meanwhile, back in the 80s, and 90s, before we had the internet, there were such things as blind dates. And I mean, not withstanding that I'm sure someone's Aunt Betsy is setting somebody up out there with somebody even as we speak, but not like we used to. She's So nice. Oh, yeah, I want to see pictures. Well, she's really nice.

E Emily McKay 15:04 He's really smart.

Scot McKay 15:07

You know what's crazy though? I think I was set up on three blind dates. Or he's very successful. He's very successful. Just not with me, Says the girl. Yeah. Oh, yeah, she's very nice. You'll want to meet her. I remember, like, in the year 2000. Before there was online dating, all the ads, and all the grandmas trying to set up girls with guys going, Oh, she looks just like Britney Spears, you'll love her. And of course, when they meet, she doesn't look anything like Britney Spears, she probably isn't even blonde. It was all a big ruse. But I remember I was set up on three different blind dates when I was in my teens or early 20s. And all three of them actually worked. And what I was told each time was oh, I know who you should meet. And the two of you would really like each other. I just see it. And they were all right. All of them were correct. Well,

Emily McKay 16:00

the people who tried to match you up had your best interests at heart. And they kind of already knew a lot about the person they set you up with, and had an idea whether you fit or not.

Scot McKay 16:08

Yeah, sometimes. Yeah. Well, I mean, that's if they have your best interests in mind. And if they had a good Cupid arrow? Yeah, some people are better than others. Right. Right. I have another question for you. At what time in history, were women the most attractive. And when were men the most dashing?

Emily McKay 16:28

Well, this would be way before my time, but you know, watching movies and stuff. I really love how the 60s dress era was, I

Scot McKay 16:37

would agree with you, especially the early 60s before we got into all the mod stuff. I mean, a little color and women's attire isn't a bad thing. Right? But yeah, back when men wore hats, and more men wear suits. Yeah, I agree with that. It's kind of like if you go through the entire Mad Men Anthology for all their seasons, where they go from, like 1960 to 1970 in the show. It's just crazy how much fashion and even our behaviors and our mindsets changed in the 60s. You don't see that anywhere. Yeah, I love how women looked in the 50s with their dresses and that, that you know, textbook hair with the curl at the bottom up skirts, the poodle skirts. Oh, yeah, like Mary Tyler Moore and the dicta and like show that was every guy's What dream, right. But I will say this. I like the early and mid 80s Girls better. I liked the preppy girls. And I liked the girls who got into all the 80s New Wave stuff with the pretty hair and the colors. Maybe I'm a biased opinion, because that was my era. That was my high school and college era was the 80s. But I would not have changed that aspect of having grown up in the 80s for the world. I'm so glad I was there for that.

E Emily McKay 17:49

I'm glad I fit that mold. Really? Well. Yeah, I came from the 80s. And I did my hair that way. And that was full of lots of different colors when I Oh, yeah. I love dressing up like the 80s.

Scot McKay 18:01

Well, I'll tell you something, though, now that you've mentioned that, and you and I met in 2006. Right. It was just starting to sound like a long time ago to a lot of people. Oh boy. I mean, there's retro period piece shows that take place in 2006. Now we saw the first one that was a couple days ago. What what? But I really like how women who want to be women and who are proud to be feminine. I like how they dress nowadays, too. I love how makeup has evolved. I

love how really, all the classic stuff that remains and style has endured has had staying power. If you think about it, the actual styles haven't really changed much relatively speaking over the last 2030 years, have they I mean, especially relative to like the 60s like we were talking about how there was rapid change.

Emily McKay 18:49

Oh, yes. Well, you know, also people have gotten to the point where there's not, it seems as if there's not really a really hard type of fashion as it was back, you know, a few decades ago where everyone's dressed one type of way. And each decade it changed. Yeah, it seems like everybody dresses in their own flair.

Scot McKay 19:07

Yeah, well also nowadays because of the internet and the global media frenzy that we live in. It doesn't take style long to move. Remember things will start in California and three years later, the east coast we get it right nowadays everybody has input and output on everything all the time. And it seems like everything that would be style oriented just moves too quickly.

- Emily McKay 19:29

 So we're missing a lot of that when it comes to style today. Yeah. Oh, I
- Scot McKay 19:33
 think so. I think pretty much everything that's classic indoors, you know, some changes here and there.
- E Emily McKay 19:38
 Yeah, yeah. But when I say pajamas, I mean like the really frumpy pajamas and the frumpy house slippers and hair not put together. Yeah,
- Scot McKay 19:46

 well basically people living this life of convenience nowadays and what I call door dashing through life, not taking any interaction seriously. Just basically everything is informal. Man. Look what happened to the men's tailor. clothing industry. Oh, my dad to tell you all about that. Oh, yes, that cratered. 25 years ago.
- Emily McKay 20:06

 The philosophy that I was raised around was when we go out, be prepared to meet people and

dress in such a way. Yeah, that's

Scot McKay 20:13

gone out the door. Right? Right. So I mean, if you're actually considering meeting women in real life, and women are actually considering being approachable in real life, we sure don't act like it when we go to the grocery store to pick up a few things.

E Emily McKay 20:28

Right. And just being lightly prepared goes a long ways. Just

Scot McKay 20:32

a little bit, a modicum of preparation, right, like brush your teeth. Take the curlers out. Remember curlers, women and curlers

E Emily McKay 20:40

Don't remind me a curlers. I work curlers one time into a restaurant. Oh,

Scot McKay 20:45

I can't even imagine that. I can't believe you. I can't imagine.

Emily McKay 20:49

It was for a wedding I was preparing for. I was one of the bridesmaids. And I was just preparing and we had to travel and so I had no choice. I had curlers in my hair. I had no

Scot McKay 20:59

choice. I can't imagine you even admitting to this. Boy. All right, so let's change the subject. On that note, have men nowadays forgotten how to be attractive? Are we to neuter? Are we anti masculine? Have we all either consciously or subconsciously bought into this idea that masculinity is toxic? And we should just stop it? And are women really sorry about that? Or have they even noticed?

Emily McKay 21:23

Well, I think people have bought into the idea of just being ourselves, and people should just put up with it or accept it. And the thing that I think a lot of people has failed to understand is,

we should always put our best image out there. It's still us. But we want to show the best version of us while someone's getting to know us and knowing the true us entirely. Yeah, but if people forgotten

Scot McKay 21:45

the primal importance of being masculine or feminine to actually attract each other men and women. Yes,

Emily McKay 21:51

I do feel that. Yeah, I agree. Because you go out and you go to the stores, you go to the parks, wherever you go, you see people not dressing as if they care. Exactly.

Scot McKay 22:04

You know, we talked about online dating. What about online dating advice, and I know this might hit a little bit too close to home. But in the past, we saw kind of the pickup artists stuff with guys really start to train men, to commoditize and depersonalized women, and we saw women's dating advice, really cause women to be selfish to say you should get what you want, Mama, you know, tell this man to pay for everything and do all your bidding and whisper three simple things in his ear and he'll drop everything else he's doing and love you and serve you mean, you know, there were books about begging women to be your boyfriend and stuff like that. And they were selling like hotcakes. And remember, I told them like, Do women really respect or value any man who would buy into this philosophy that they're supposedly trying to impose on us guys?

Emily McKay 22:58

It's really, really sad, the inability to connect with one another and to demand something from the other person, it becomes transactional. I think the world has moved to the point where, okay, I'll take you on the day. I pay for the day and you fork up some sex, and we're all good. Well,

Scot McKay 23:15

no, it's always been like that, but least not out loud. I mean, nowadays, it's like, well, yeah, obviously, that's what we're doing here. Right?

E Emily McKay 23:25

It's just more blatant nowadays. more blatant. Yeah. Yes. So me before it was okay. If someone assumed that, shame on them for assuming that but oftentimes people have good heart good intentions. We go out on a date, we connect and things go great from there. I think nowadays

things are so transactional, that it's not about trying to connect and seeing if there's any potential both from both people really, it's all about okay, I give you this, you give me that I gave you this. You give me that. It's a it's like tennis, ping pong back and forth. Yeah,



there's no real depth there. There's no connection. There's no intimacy. And yeah, we're talking about that a lot more nowadays, y'all. You'll hear us get on a soapbox about that big time in upcoming episodes. That brings up the whole idea of hookup culture, Emily, I mean, really, we all could have saw this coming with fourth wave feminism and women embracing being slutty and their sexual freedom. And there's another factor we're about to talk about, but I don't want to get to it yet that probably contributed to that. And women were just I'm not going to be slut shamed anymore. I am horny. I want some if guys want some and they get some I have every right to get some myself. And we started just meeting and hooking up then men and women and everybody was horny and everybody was getting some and yet everybody men and women were kind of left a little empty by that. So we kind of have stopped hearing the term hookup culture in recent years, but it's not like it went away. It's just we stopped talking about it.

Emily McKay 24:56

Yes, because it's lonely and it's empty because we forgotten How to be human with each other, how to connect and love and appreciate and do things for each other. And

Scot McKay 25:05

meanwhile, courtship is basically dead, because people meet and screw up. Okay, are we gonna keep scrolling? Am I sick of you? Is the transactional equity, proper enough for us to maybe fathom the idea of staying together even though we probably don't even like each other? I mean, it's just nuts nowadays,

- Emily McKay 25:24 right? Nothing's long term. It's like, well, we'll get together until we're sick and tired. Yes,
- Scot McKay 25:28

 exactly. And I mentioned that there was something else that I thought contributed to the rise of hookup culture. And that's pharmaceutical technology. True
- Emily McKay 25:38
 that there has a lot to do with it. We've had in the 80s, we had AIDS that people worried about, right,

- Scot McKay 25:44
 - exactly. Dating and relating in the 80s. And into the 90s, frankly, and into the early 2000s, to be honest, was all about, hey, you know, you can die from having sex. And a lot of people were a lot more sexually reserved, because of fear of dying of
- E Emily McKay 26:04
 a disease. And that went all the way into the 90s. Or into the 2000s 2000 10s.
- Scot McKay 26:08

True, you know, the whole idea of AIDS becoming a manageable disease is one of those situations where there was never really a headline announcing it, there was never a breakthrough, it kind of evolved to the point where one day we woke up and nobody was afraid of AIDS anymore. We stopped talking about it, or we stopped talking about it. But actually, factually, HIV is manageable nowadays, whereas in the past, people genuinely feared it. So that contributes to everybody going, hey, you know what, there's not a whole lot of potential bad ramification to having sex, the consequences of having sex aren't what they used to be. And on top of that, first birth control exactly, is much, much more reliable, almost to the point of it never failing nowadays, I don't wanna say never, everybody still needs to be responsible. And of course, everybody still needs to wear a condom. But the fact that you can have casual recreational sex for the sport of it if you want to, with hardly any real bad ramification, I mean, physically, there are still STDs. HPV is no joke. Hepatitis is no joke, but compared to how it used to be when you could get pregnant, and there was really no way of stopping it way back in the day and into the AIDS era compared to those days. Oh, man. It's like free love. And do you honestly think that's contributed to women being a lot more sexually free than they used to be? Men

- E Emily McKay 27:38 to because they're not fearful of women getting pregnant or making them sick?
- Scot McKay 27:42

Yeah, true. True. So people are having a lot more sex, sex is a lot easier to come by. But I think ultimately, the idea of having more depth in a relationship is harder to come by. And the hair was better in the 80s.

E Emily McKay 27:59
And their styles. Yes, yes.



If you would like to talk to us, and you're listening to this show on the X and Y on the fly feed, please go to Scot and emily.com front slash podcast, and click on the button in the upper right hand corner to talk to us for free for 25 minutes. If you're on The Mountain Top podcast feed, well go to mountain top podcast.com click a button that looks very similar to the one at Scot and emily.com forward slash podcast on mountaintop podcast.com and talk to us for free there for 25 minutes as well. We appreciate every one of you listening and we look forward to talking to you. We look forward to hearing from you. Absolutely. And until we talk to you again real soon. This is Scot McKay from X & Y Communications and I'm

Emily McKay 28:45
Emily McKay. Be good out there and have fun

Edroy Odem 28:55

mountain top podcast is produced by X & Y Communications all rights reserved worldwide. Be sure to visit www dot The Mountain Top podcast.com For show notes. And while you're there, sign up for the free x&y communications newsletter for men. This is Ed Royal. Speaking for The Mountain Top