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SPEAKERS

Edroy Odem, Scot McKay, Bobby Rio



Edroy Odem 00:04

From the mist and shrouded mountain top fortress that is XY Communications Headquarters, you're listening to the world famous mountain top podcast. And now your host Scot McKay.



Scot McKay 00:18

Hey, all right. Welcome again to another big episode of the world famous mountain top podcast. My name is Scot McKay at Scot McKay on Twitter real Scot McKay on Instagram, Scot McKay on YouTube, you can find us on the web at mountain top podcast calm and as always on Facebook. The group is the mountain tops summit. With me today is a returning guest. He's a guy I've known for man, it's gotta be probably a dozen years now. He and I have hung out together in person on several occasions. He's a solid dude, who has solid advice for guys who want to meet a sexy woman and have a great girlfriend. And all the way from New Jersey. New Jersey is my good friend, longtime friend. None other than Bob real Bobby, how you doing, man?



Bobby Rio 01:02

Good, man. It's great to be back. Thanks for inviting me on here. Again. I know every time me and you do one of these kind of audio conversations. And we always we always kind of gel well, and I always have fun doing it. So I'm looking forward to it.



Scot McKay 01:14

Yeah, man, it's kind of a two prong thing. It's not only about throwing down some good information is about kind of being entertaining and having some fun at it. Yeah, man, no doubt. And you know, on that note, I came up with a pretty, let's call it intriguing, if not downright incendiary topic today, which is when other guys want your woman. And we're going to hit this from a lot of different angles, you guys, hopefully other guys won't be hitting your women from a lot of different angles. That's what we're hoping to. And this goes for a woman you may have your sights on, but you aren't really dating her yet. And other guys are also interested in her. It could be a woman who you're socializing with, or you're just starting to date. And maybe she's telling you about all the other guys who are trying to go out with her at the same time. And yes, it may even be a woman you're already in a relationship with and other guys are trying to hit on her maybe get her to cheat on you. All these other irritating things up to and including when one of her own girlfriends doesn't like you and is trying to set her up with other guys. You know, maybe our family members are trying to actively break her up with you because they'd rather see her with someone else. All these things are irritating. They all harsh your buzz, don't they Bobby because you got this woman you're trying to have a good decent relationship with her. You know, you're the right guy for her. Maybe she even feels this way. But you know, here we are. What do you want to start with this?



Bobby Rio 02:42

Well, you know, it's funny that you say when their friends or their family is trying to set them up with somebody else. And what's interesting about that is sometimes that actually works to your advantage because of this natural inborn thing a lot of women have to kind of rebel against their their friends or their family or whatever know, a lot of times it actually pushes her close, closer to you. And they do that which I just thought was funny. Because of the fact that you wouldn't expect it. But a lot of times, the more their friends don't like you, the more they actually kind of cling to you.



Scot McKay 03:13

Yeah, that's actually very true. No doubt if her parents are trying to push her on some.



03:19

That's like the kiss of death.



Bobby Rio 03:21

Yeah, that guy is no no chance if your parents do.



Scot McKay 03:24

Yeah. I will say though, if you meet her mom and her mom likes you after she's decided she likes you first. Your prediction? Yeah, yeah, that's good. Yeah, that's very good. But yeah, there's always this revenge factor against a dad who was rude to or abused her growing up, or whatever issues they have with their parents, you know, they're not going to go with the guy who's been recommended to them by their own parents, and certainly your aunt birth or whatever. But you know, then you have this friend of hers. And for some reason, she just doesn't like you. Yeah. And she keeps trying to introduce her to the kinda guys that she thinks her friend ought to be with. Yeah. And I agree. I've found almost every time that that backfires. And all you have to do is keep your composure. Treated is like a non issue with regard to your own girlfriend, the woman you're saying, you know, because if she actually goes ahead and decides, ooh, you know what, maybe this guy, my friends introducing me to is better than you anyway. You know, chances are, you're probably better off without that woman to begin with if she's that flighty. Right.



Bobby Rio 04:30

Yeah, yeah, there's a you know, as you're saying that, I don't know if you ever saw the movie to break up with Vince Vaughn. Okay, so I thought he handled it really well, where she's trying to go out on dates. And he's just so casual and cool about it when her friend is setting her up with that really good looking guy and he just kind of finds the little, he never rebels against it. He never gets mad about it. He just kind of like subtly acts like oh, yeah, that guy's cool. But he gives him almost like, almost like the way Donald Trump kind of brand somebody with a nickname that kind of sticks. And he kind of does that for the other guys that that she's trying to date. And it kind of undermines them but he's but he's totally cool about it. He never shows any jealousy he never he just kind of gives them a little nickname like oh, that you know your friends trying to set you up with whatever insert nickname, but he's playful about pizza delivery boy. Yeah, like, how's your friend still trying to set you up with pizza delivery boy, and you're kind of giving off an attitude like you said, like, you don't care. You find it funny. I think that's a great way to handle it. And if you haven't seen that movie even just watching the way he handled that situation might might be a good learning experience.



Scot McKay 05:41

You know less we lose hundreds of guys out there listening who probably deliver pizza on the side is awesome. I gotta tell you, I delivered pizza all through college started I started I and it was one of my favorite jobs of all time. It was like a video game. It was like The Great Race. It was like you a pizza, your beat up car and o'clock.



Bobby Rio 06:00

And funny Scot because I was talking about this with my friends at a wedding yesterday that because we all had done it. And this was pre GPS. So Oh, hell yeah. People that may be delivering pizzas. Now you don't know how easy you have it. When we used to do it. We have to look at a big map before we left with the pizza, and then try to find a random street in our town that you'd never been to just by memorizing a map before you leave. So Oh, hell



Scot McKay 06:22

yeah, that was part of the fun analyzing your entire neighborhood. And you know what? I don't know. I think I'm a little older than you. My pizza delivery days were even back when it was free if it wasn't there in 30 minutes or less? Oh, yeah. I mean, basically dominoes and them decided that that was legal mayhem, and they stopped doing it probably for good reason. But you know, as my boss bill, ultimate confidence in my ability to get the job done. And as I like you said, memorize the entire map, I've got all that down, he would hand me three or four pieces and go have at it. And I mean, the clock was ticking on all three or four of them was just crazy. I loved it, man shifts went by a snap. I mean, I could work 810 hours, it seemed like 10 minutes, because I was just out there trying to beat the clock the whole time, I was hoping for more time, the whole time I was working. But if pizza delivery boy is trying to pick up on your chick, you know, he better, you better have some game that you don't have. So what happens if there's a guy who comes along and he's just decided, You and her, there's no way I should be with her, not you and he starts flirting with her. And this can happen in different situations. So let's start off with that one off situation where say you're out to dinner with a woman or you're hanging out with her somewhere fun, and you excuse yourself to the bathroom and you come back. And here's this guy chatting her up. How do you handle that situation? First of all, how should she handle that situation? And then how should you handle that situation.



Bobby Rio 07:47

So you know, you brought up a good point Scot because how she handles it in that sort of

situation kind of tells you a lot about her right. Um, if you're out on a date with her, and you go to the bathroom, and you come back and she's openly flirting with somebody else, she's probably signaling to you that you probably don't want to invest too much of your time and energy into this woman, right? Because that's completely disrespectful to do. Like, if I'm out on a first date with a woman, and another girl comes over to me why she's in the bathroom, like, I will cut that conversation as short as I can before the woman comes back, because that's a respectful thing to do when you're out on a date with somebody. Right? So I think the first thing you want to even consider it's like if she's openly giving that other guy a lot of her attention while she's on a date with you on that says a lot about her right? And you know what's funny, and I know you do coaching as well as a lot of times guys will say something like that to me, right? They'll describe a situation with a woman. And they'll say, Well, she does this right insert rude disrespectful behavior, and they're trying to get my help in, you know, getting her to want to be their girlfriend, and I'm like, you know, as you explain everything this woman is doing, don't you understand that? Maybe she's not, like, worthy of being your girlfriend. Like, you know, it's funny guys, guys, sometimes they they don't want to hear that, you know, they just want to know the strategy. So, and that sort of situation. I tend to like, think the best response is never to be a dick about it. Right? It's never to call out the guy. I usually kind of do a little bit of a slightly condescending like, Hey, man, what's up? Like, where I'm just kind of showing him like, in a nice way that hey, we're we're out together we're having fun like she's she's with me tonight, right? Like in that sort of situations little more awkward because you're not her her boyfriend, right? You don't have clean to her other than the fact that you guys are on a first date. So you don't you can't really say hey, she's with me. On the way you might when it's your your longer term girlfriend, and that sort of situation, I would normally just go to the guy like, Hey, man, what's up here with like, just kind of put the conversation between me and him now, so that he's no longer talking to her like I entered jack did. I'll kind of talk to him in a way that like when I say condescending, I don't want I don't want to sound like I'm condescending, but in a way that lets it be known that hey, like, I'm interrupting your guys conversation because we were here. First we were talking first. Does that make sense? Scot?



Scot McKay 10:16

Yeah, it does. There's two things that are kind of swirling around in this conversation, first of all the psychological element of what to do about this woman who's acting this way? And why is she acting that way? And then what to do about the situation itself, the more practical element, and you mentioned that guys will come to you and say, How do I get this woman to stop talking to this guy, I want to talk to me instead. And I have what I call the golden rule in reverse, which is when someone would do something unto you always ask yourself, would you in a million years ever do that under someone else? And if the

answer is Hell, no, then don't ever tolerate that behavior from other people. And I think a lot of times Bobby guys figure a women are another whole species, they're not really human. And above and beyond that, they're out to get us anyway, they're all out to reject us. And you know, that low view of women. And that low view of your own value, Visa v women often contributes to guys expecting the worst and the situations and then excusing the worst when it happens, as if that's just how women are, when deep down. The truth is actually this isn't even deep down. This is right there. On the surface, gentlemen, women are human. And we talked about this all the time, their DNA is probably closer to yours than it is to say, a chimpanzees, therefore they're human beings. And they have the rights and privileges you do, yeah, but they also should be held accountable for their own behavior the way you as a man are. So if a woman is treating you with that level of disrespect, or you know, let's just give her the benefit of the doubt, she has no social skill and doesn't even realize that, yes, being lame, then you know what, she doesn't deserve you? Because you're better than that. So there's that, let's just throw that on the table for the whole world to see. Second of all, what do you do about the exact situation in the moment, I love what you said about taking ownership of it, I'm going to for lack of a better way to put it take control of this conversation. Now what I've done, the number of times, it's happened to me in my life, I got into the habit of just inviting to do to sit down have a beer with us. Hey, man, you want to join us sit down. And what that did was it gave a very distinct psychological message to that guy who was trying to alpha me, because you know, guys who do that are getting their jollies, you know, they probably saw you with their and they're thinking how this is going to be great. I'm just going to walk out with this guy's woman, when guys like that, who are wired like that, see that level of confidence in you something almost chemical happens in their brain, because you see, they get off on the domination, they get off on winning, they get off on the competition. And when you are so game for their competition, that you're inviting it, and you're saying to them, Hey, you know, sit down, this is going to be pretty fun. Then something inside them goes, wait a minute, you know what this might not end well for me. And then they leave, you know, I picture them. And because they're not going to put themselves in a position to have sat down with you and having a beer with you like a bro with this pretty girl in front of you, who clearly would rather be with you instead of him and be the third wheel and actively be the one who put themselves in that situation on purpose, they're just not going to go there. So when they see that confidence, it makes them naturally back off, because they don't want to be humiliated, they would rather not be humiliated, then end up possibly with the girl that they're trying to talk to who they don't know from Eve, basically. So it has a very, very powerful psychological impact. But the caveat is, as you so brilliantly stated, Bobby, she's got to be a respectful person who understands the meaning that she's on a date with you. And yes, she's enjoying her time with you and doesn't want to risk that because of some do she guy who's trying to hit on her. And oh, by the way, most women are keen to the fact that a guy who's like that isn't worth it to begin with.

Yeah, she knows what's going on. So yeah, you know, I think that's a situation a lot of guys really do struggle with, especially after they start attracting really sexy, wonderful, beautiful women for the first time in their lives. It's something that guys are kind of not ready to deal with, because hey, you know, it's like, you know, you always wanted a beautiful woman, you always wanted a sexy girlfriend, but you didn't bargain for this part. This is something you didn't figure into the equation. So it's always good to talk about that.

B

Bobby Rio 14:39

I want to throw something in there. Scot because, you know, we're we're talking. And we're assuming that the guy himself right has is playing no part in what's going on. Right? We're assuming that. And here's the thing that I've realized is that if you're out with a woman, and you're creating the vibe with her, and there is a vibe there, other guys aren't there, they're not going to even pick up on it right there. They're not going to attempt it, they can sense that there's a vibe there. So if you're out, and other guys are doing this, oftentimes, it's because you're coming across, or you're treating her in more of a friend zone, the vibe, maybe you're scared to, you know, get any kind of physical with her, maybe you're not flirting with her, maybe you're a cardboard cutout that that other people are looking at, like you're just a co worker or something, because you're not Manning up and being with her in that way that other people will go, Oh, those two are probably together. You know, and I've been guilty of this, you know, where I've had that, that fear of showing too much interest in a woman. And what happens in those sort of situations is you come across as too friendly.



Scot McKay 15:48

Yeah, I would agree with that to an extent. If you're out with a woman for first or a second time, and you're clicking and the chemistry is there, I do believe other guys will notice that and stay away. But like, I suppose in the situations, as I look back when that was most likely to happen. It was when I was with a woman I've been with for a while, maybe even my wife, and you know, we're just bopping into a restaurant and I throw my coat on the table or on the back of the chair and go, Hey, I'm going to go the men's room. I'll be right back. Yeah. And there really wasn't much social interaction or signaling to the outside world that we were hot and heavy for each other at that moment. Yes, the times where it's been most likely to happen. So in the context of what you're talking about, I would say definitely, if she's out with you, and she's giggling, laughing at your jokes, and pulling you up and hugging you and thinks you're wonderful. I think most guys even if they were the ultimate do she Boyfriend Destroyer type of guys have been reading too many pickup artist books, I think they would still stay away from that.



Bobby Rio 16:46

And she and she's not gonna, she's not going to entertain it. Because if she's having that vibe, that vibe is been created. Um, you're almost creating a fortress, right? When you leave, she's more worried about like, you know, pulling out her little makeup container to make sure she looks good. And make sure when you come back, she's not like another outcome. So he tried to get her attention if she's enjoying her time with you. Right? If another guy's able to take her attention that that way, it's probably because you're not doing your job as a man of creating a fun, flirty environment, right? Because I mean, listen, I, I think it's disrespectful. And I would never, if I was out on a date with a woman begin talking to another woman, right? I just wouldn't do that I as a person, I just think that's just I just simply I wouldn't with a friend at a party, go and spend the whole night talking to somebody else that I didn't come with, right. But point being is that, you know, we've all been on bad dates, right? And it's, if you're on a bad date with a woman, it's your first date, and she's just giving you nothing, it's going you know, it's going really bad, you are more another woman walks over to you and shows interest in you, you are more likely to have your attention these momentarily taken away, right? Whereas if you were out with a woman, and you're vibrating, and it's going well, and then another girl comes over as I kill Hey, Scot, hey, I remember you from you know, we used to know each other back in the day, you're going to kind of instinctively shut that down quickly, because you know that there's other girls coming back. So I just wanted to kind of throw that in, because we are assuming a lot of time that it's the woman's fault if she does this. But I think that as a man, we have to say, hey, like, we are out with this woman? are we bringing our best self? Are we making this a mutually fun and fun environment? Right?



Scot McKay 18:29

Yeah, I think that's a point well taken. And certainly if you were out with a woman and the date, like, you know, let's say you met her online, and the date just wasn't going well. It was going nowhere. And you had the opportunity of a lifetime right there with a woman you immediately clicked with. And I mean, this woman is someone you could have a future with, I think you could probably have some sort of conciliatory, have some sort of conciliatory mini conversation with a woman you are on the date with to begin with and say, Oh, this is extraordinary. Yeah. I mean, you know, notwithstanding the rarity of a situation like that, I think, if you're with a woman, and it's going so so I think you should do what you can at least to have integrity in that situation and see the date through. I do know a guy who I am coaching. And he saw a woman in a venue one night, who was clearly not getting along with the guy she was on a date with it was a first date, they

didn't like each other at all. And the guy excused himself to the bathroom. And he went up to her and said, I would treat you so much better than he is. And I think you're adorable. You and I should go on a real date sometime. And I'll show you how this is really done. And the woman was like, wow, yeah. And she gave him her number. And they went out the next night. And just, let's just say they hit it off really, really well. Yeah. So I mean, you're right, 100% if you're failing to get this woman attracted to you, and she's demonstrating that to the outside world, and she can't get out of they're fast enough. And she's sexy as hell, you know, you almost have to expect some other guy to capitalize on it, even if he does it in a friendly, non confrontational under the radar manner like my friend did. You know, it's almost inevitable. So what happens if you are married to or what if it's your wife, someone you're in a relationship with? I think the easy answer there. So if you agree with me is if she's in that kind of relationship with you where you're happy and healthy together. She should be the one who's just the situation down before you even have a chance she should be your Huckleberry and making sure these things don't go very far.

B

Bobby Rio 20:33

Yeah, I agree. I think that you can expect a little bit right I, I'm, I'm a forgiving, you know, if I'm in a long term relationship, I'm a little forgiving in the sense that I know, everybody likes a little minor flirtation, right, a little attention, I should say, right? And I'm not expecting the women that I've been with over the years to immediately go I'm taking, you know, but they should never lead a guy, right? They should never insinuate that they're not taking, you know, they should never insinuate they're single, the minute it becomes obvious that a guy is hitting on them. They should let it be known, right? But I don't expect them the minute a guy walks over to go slash the wedding ring or immediately say, Hey, I'm taking because hey, listen, sometimes, we are social creatures. You know, I'm a forgiving in that sense that I understand. You know, we all have that inborn desire just to go out and be seen as being sexy by other people or see as being attracted by other people. Right. So I'm okay with that. As long as a line isn't crossed.



Scot McKay 21:36

Yeah, I'm the same way. You've met my wife before. She's very cute. And she's very happy go lucky. And smiley. Yeah. So she's easy to approach. He's not the kind of woman who would bite anybody's head off. Yeah. And as a matter of fact, we were out coaching a guy in field one night, Emily and I, and we were at a club that's known for being one of those outdoor clubs with the Christmas lights and they're playing horseshoes side. It's that kind of club that's kind of sweeping the nation right now. And this guy walks right past my wife turns around and goes, Oh, my God, you're gorgeous. And it's right as I was walking back to my wife having gotten something and then he turns around and looks at me, like in the

next breath and goes, Oh, your husband. Oh, my God. I was just like, the guy was playing bumper pull with himself with comments. Yeah, I was I just laughed. I mean, my wife was kind of laughing, you know, like, thank you. Yeah. And I was like, no problem. Dude. I agree. She is gorgeous. I mean, it really was that simple. I mean, it was almost weirdly innocuous. I mean, sure, I think if she was single, and she were to respond to something that over I mean, let's hear it for direct game, right? I mean, if she was single, she may have gotten a good laugh out of that, and maybe start a conversation with him, because it sort of seemed like he had the personality to be able to carry that off. He was kind of a, you know, happy go lucky, Big Bear of a guy himself. But then he saw me and real I was her husband, and he felt dumb. And he kind of admitted that. And it was like a Mia culpa kind of thing. And I just really didn't feel threatened at all. At that point. I just agreed with them. I mean, yeah, I'm glad another guy thinks my wife is gorgeous. I agree. She is, you know, and you know, he kind of wished as well. And when I kind of shrugged and laughed it off. So there's that. And I think a lot of times guys tend to be a little hypersensitive about the women they're with as if it's their woman, as if they have ownership over. And guys, you know, the first rule of male female relationships is you don't own anybody, and neither does she, she can come and go as he pleases. Making a woman want to be with you, is the magic and you wanting her in your life is also essential. There's all this talk, at least there used to be in pickup artist circles about compliance and getting women to comply with you. And I've always thought that was so crass, and indeed wrongheaded. Because I want a woman who wants me, yeah, I want a willing woman. And once you have a willing woman who just thinks you've hung the moon, and the stars, all of these issues of other guys trying to horn in on or whatever, they just become mood, you know, what I mean? is kind of disappear in the distance. It's almost like, maybe your wife might even come home and tell you, hey, this guy tried to hit on me today, it was really funny. You might even hear the stories. I know, I hear occasional stories, and Emily laughs about it. But that has to be your headspace. When you're in a relationship with a really sexy, wonderful, beautiful woman, she either has chosen you the way you've chosen her, and she's continuing to choose you, or she's not. I'm sure as a man who knows how to attract a woman and keep her attracted. And here's the head guys keep doing everything you did to attract her from day one. Don't ever slack off, just be that guy. And she'll stay attracted to you, she'll adore you women want to stay attracted the same guy. Everything you've heard about hyperthermia, and women are constantly, you know, run around trying to find a guy who will up level their life somehow. It's just not the way the real world works amongst people who have integrity, and character and who have fallen in love with each other. And anything you've ever heard about, oh, any guy can go steal any man's girlfriend, and I'll show you how. Yeah, that's a lie. That's marketing hype. And it isn't going to work when people really, honestly are into relationship with each other as they should be. And it's a healthy relationship. You know, here's something to bring up. A lot of times guys will hear from a woman, I have a boyfriend. And indeed, sometimes women will shut down guys

were trying to get their numbers by setting that barrier, you know, as one they just can't get past like, how do I ask a woman who's got a boyfriend. But sometimes a woman will be enjoying the conversation with you, she'll be laughing having a good time, and the flirt meter might be getting dialed up a little bit, then she'll mention her boyfriend or her husband, but then she'll keep talking to you. And that's a little different. That means she's setting that boundary because this is getting a little hot, because she's enjoying talking to you just a little bit too much. And she wants to make sure you know that we're going to dance this dance a little bit, because it's fun for men and women to talk to each other. But I do have a boyfriend. And please respect that. And see some guys take that so personally, like they fail like they got rejected. And again, Bobby, you know what, that's just the low view of women, right?

B

Bobby Rio 26:23

Yeah, no, I couldn't agree more Scot, you, you, you kind of summed it up, right? I love the way you said it that we're going to dance, this is going to be a fun little thing. But nothing's going to happen. Right. But that doesn't mean we can't still have this fun little thing. And I think that's I think that's a healthy attitude in a sense that, you know, obviously you don't want, you know, if that's your wife, you don't want her going out all the time having that. But if she goes out and does that, you can't as a man being the one getting the reciprocation, right, being the man out there who she's flirting with. You can't get mad at that. Right? She told you she didn't let it happen. But you still, to me socializing for the sake of socializing is very fun. You know, we go out with our friends, to socialize. And a good night out with your guy friends is different than a good night out talking to a woman, right? It's a different type of conversation. And sometimes we just crave that other type of conversation, right? That conversation that is more of a conversation dance, right? It has a little tension in it, it has a little, a little playfulness in it that you're not going to have with your guy friends. So if she goes out and enjoys that type of conversation, you can't blame or you can't get mad at her. Right? So I agree with you. You can't take it personally, you have to understand that women crave that just as guys created that, you know, that polarity of talking to a woman that you might not get all the time because a lot of times when she isn't a relationship, her husband isn't giving her that anymore, right? doesn't mean you shouldn't respect their marriage. But you should understand that yes, you may not be getting that flirtatiousness? That playfulness, right, a lot of marriages drain that playfulness.



Scot McKay 27:58

As we've talked about on this show. Recently, I think a lot of women really know the art of flirting without it ever leading anywhere. It's just men and women enjoying the fact that

their men and women talking, they're talking to us in a way they wouldn't talk to their other girlfriends, and we get to talk to them in a way that we wouldn't talk to another dude. And that's as far as it goes. You know, I think we'd be remiss if we didn't talk about the situations where we would love to ask a woman out, but she seems really popular. And a lot of other guys seem like they're going after her to say we go to a company picnic, or we go to our psychology one on one class, and we have our eye on this woman. But she seems like a social butterfly, flitting around talking to a bunch of other guys and laughing and hitting them on the shoulder too. And all these guys seem like they're flirting with her. And we end up thinking, you know, she's got all these options, how do I have a chance? How do I separate myself as the guy she really wants. And indeed, there are other situations where you may be already talking to a woman maybe going out on a date or two with her. And she keeps to Tony about all the other guys who keep calling her and the she won't leave her alone and other guys just wanting her and hitting on her. What do you do in that first situation, Bobby? And what do you do about that second situation?

B

Bobby Rio 29:12

So one of the things that I always tell my clients, right is, once a woman completely figures you out, it's over, right? You're never going to have her the way you want to have her. And what happens a lot of times is that in those sort of situations, and in both cases, right, the woman figures you out meaning if you are chasing a woman in your in your social world, and you're doing it in the same way every other guy is she's already figured you out. She knows that Scot is into me, and he's sending me the same Hey, what's up texts as the other three guys in her phone that day? And he's like, slyly suggesting going for drinks but not outright. You know, a lot of times guys try to hide their intention. So they'll say, Hey, we should we should go for drinks one day, but not in a covert way. And a lot of times, if you're doing the same thing every other guy is doing. You are completely figured out she's pigeon holed you right? And the same thing happens. And I always tell guys that the easiest woman to take away to be stolen right is the woman whose boyfriend is she's already figured him out right meaning like she started dating you and I don't mean boyfriend, long term boyfriend. I mean, you guys have started dating. She's popular in a social circle. And she within two weeks knows that she has you right? Like your her. She'll do anything she wants, you've stopped hanging out with your friends. You used to, you know, playing a band, but now you're already kind of canceling your practice to be with her. And you're giving up every other aspect of your life for her. And she's like, she's lost the challenge, right? You're no longer a challenge. And now, her attention can go other places. Right? On the other hand, if you started talking to her, but you are still back challenge, he hasn't figured you out, right? And she has a really good time with you. But then when she's not with you, she's wondering, oh, man, she's thinking Scot like me, I couldn't really like he seems to really be into me. But he he went out with his friends tonight instead of you

know, asking me to hang out because, hey, listen, we all know in the beginning, like, it's not great advice to just drop your friends for a woman right? Because you don't know what's going to happen with her. But a lot of guys, unfortunately, do. They, they immediately the minute that they find a woman interested in them. They give up their entire social life just to focus all their attention on her. When you do that, you're putting yourself in a position where she's going to go, Well, I got Scot so let me keep my options open. Right But where she's having a good time with you, but she doesn't quite know where it's going. She knows that she has fun when she's with you. But she doesn't already know. After two weeks, Scot wants to marry me Scot wants to be my boyfriend right away. Like, she's still curious. It's very hard for another guy to get her attention. It's very hard when women women have a lot of trouble. We do as guys to like, we tend to infatuated over one person at a time, right? It's very hard to have two obsessions at the same time to infatuations at the same time. So if she developing that in one way, it's not going to happen in another way as well.



Scot McKay 32:14

Well, you know, first of all, this whole idea of chasing versus choosing, if you're chasing her, it's absolutely true, she's gonna know she has you. It's a psychological condition, and it's not gender specific. If she knows you're going to be there, regardless, even if she treats you horribly, you're still going to be begging to spend time with her, then she doesn't have to give you a whole lot of attention, she can just put you on a shelf and set it and forget it, you'll still be there. So she can go out and explore her options. Because you're chasing her, you're trying to get her. And so if you were choosing her, that means you had a lot of options, but you told her, you know, I think I'd like to be with you. Let's see that's contingent on her wanting to be with you in return. It's also contingent on her continuing to be the kind of woman you think she is. So the onus is also upon her to be the kind of woman she needs to be to attract you. And that's when you have a healthy two way relationship. But when you're begging and pleading, and just hoping which is not a strategy at all, then she's just going to keep not respecting you. And you talked about her figuring her out. And what I thought about there was the whole idea of her being your purpose. If you make a woman your life purpose, then there's no life purpose, there's no ambition, that she can say, Hey, you know, this guy's going somewhere with his life. He's a leader. He's a provider, he's a protector. If all of a sudden that focus is thrust upon her, she feels like the universe is out of kilter. Like, wait a minute, you know, I'm this guy's purpose. Well, that doesn't sound like my role in this relationship. And she just starts going ek, and indeed she has you figured out, it's not attractive to her anymore, that you're this way. So yeah, I think you just dropped off whole lot of valuable information that these guys are going to really benefit from. And also another thought associated with all these other guys trying to hit on her and say, Hey, we should get a drink sometime. And they're all acting the same way and sending her these, Hey, how you doing texts? Here's what you

should keep in mind. virtually zero of those guys are grabbing their balls and actually making plans with her. They're all worried about the rejection and oh my god, what about all these other guys who like are exactly the way you are? They're worried about the same things. It's almost like the first guy to man up and ask her out and say, You know what? The heck with all these other guys. I think you and I ought to be together sugar. Okay. And next thing you know, you've got a girlfriend, all these other guys like how in the world? Did you end up with her? And she'll answer for you and say, he's the one who asked me out dumb ass. You know, it's almost that easy, quite often. But you'll never know, unless you're that guy who stacks up and actually makes the move to say, Hey, you know what you and I should be together. And Bob, you know, you kind of floated that idea out there. But I want to really drive that nail home. Guys, if there's a woman you want, and you don't ever let her know that you were interested, you don't ever make a bold move to spend the time with her to let her know that you know not wearing your heart on your sleeve, like some kind of slobbering fool. I mean, we all know that doesn't work, but boldly selecting her for many options. Don't come crying to me and Bobby when you never end up with her. If you didn't even try, you know, and that's something I know is a whole show in and of itself. And if you guys want some coaching on how to get better at doing that, definitely give Bobby or me a call. We're both good at what we do. But you know, kind of moving on to this idea where a woman's already in your life, and she's flaunting all these other guys, what's going on, there is an insecurity in her. Yeah, you can call that insecurity out, you can say I don't understand why you need to tell me about these other guys. I could tell you about 20 or 30. Other men, you probably haven't even heard of yet who talk to me about how wonderful you are. So you don't have to impress me with that. I'm already impressed. You can stop now. And just see what she says. And notice, it's not like you're begging her to stop cutting you with these hot razors in your heart like the old song used to go about these other guys in her life. And please don't get in the car with that guy. You're tearing me apart. Don't make it about you. Make it about common decency, make it about her character. And just see what happens. Because a lot of times when you catch things like that women will go you know, maybe I'm being a little mature. Maybe I don't need to impress this guy. Yeah, this guy knows I'm popular. He only goes out with popular women. You can tell her that. It's like, Hey, you know what you and every other woman I've ever dated. have had lots of guys interested in them. It's impressive. I'm impressed. You can stop now. I just leave it at that to happens. And she's so mature. She still can't get over herself, which is what that's about. Again, comes back full circle this conversation, doesn't it? Bobby, maybe you need a different woman hanging out with?

B

Bobby Rio 36:55

Yeah, yeah, you brought up a good point, though. It's a lot of times if they're doing that it's their instinct. As opposed because what I found right is if a woman really is too

comfortable with you, where she's not even into you, and she's losing interest, she will often hide the other guys, because she pities you, right. And we all I mean, there's nothing worse than being pitied, right. But when she's flaunting it, it's because there's a part of her that feels insecure and feels like she needs to impress you, she needs to do that. So I don't think you should necessarily think that Oh, she's doing that it means she's not intimate because I found it the opposite. If a woman is overly polite, and kind of I call it politely indifferent is like the worst thing you can get right? And difference is really the opposite of love. Hate isn't the opposite of love and differences. And if you're getting an indifference or a polite, like, I don't want to hurt your feelings type of type of attitude. That is a lot worse than a woman who's trying to impress you by by mentioning other guys, she's doing that because she likely sees you as being high status is and wants to elevate herself in her eyes or for whatever reason feels insecure that you don't see her that way.



Scot McKay 38:07

Yeah, I appreciate that. You clarified that, gentlemen, when a woman is trying to impress you with how many other guys want her. Indeed, that means she's trying to impress you. I mean, let's just underscore that. It's not like she's trying to push you away. She's trying to get you to want her more, she's trying to impress you more. And yet when she gets in different when she's hiding any kind of information from you, whenever she's having to mollycoddle you, whenever she's having to protect your precious little emotions. Guess what? That means? She's going into mommy mode with you. And Bobby, check me on this. She can't be your mommy and your lover at the same time. We're not wired like that. Yes, AC and DC.



Bobby Rio 38:47

Yep, hundred percent. Yeah, man.



Scot McKay 38:49

So let's go ahead and send these guys to your website, where they're going to find a great little program you've had out for a few years now called make small talk sexy, because you know, to heck with trying to figure out what this woman wants some other guy or not, now that you have this woman in your life, and you want to keep her, how do you talk to her in a way that makes her just enthralled with you thrilled with you and want to flirt with you even more? What are they going to find when they get their hands on that program.



Bobby Rio 39:13

So for me as a naturally introverted guy being playful and flirtatious, can be really difficult to me. So this was my way of figuring it all out kind of discovering is almost the secret language of flirting. And that's what the program covers. And that's what they are going to learn. And they're going to learn from somebody who did not come naturally to right because as a guy who was in that position, I found it very hard to learn from a naturally outgoing person because that wasn't me, right? Yeah, I think



Scot McKay 39:42

that's wonderful. And you and I are kind of cut out of the same mold there. I wasn't naturally a guy who was outgoing and the life of the party and I think a lot of guys appreciate that. I had to go learn what I found out about women and you know, that makes you and I both the guys to impart it to other guys. There's nothing worse than trying to learn from someone who's a natural at it, and they just tell you well, here's the basketball dribble it you know, I mean, just do this. I mean, how could it be so hard? Just talk and be yourself? Well,



Bobby Rio 40:09

yeah. You're shy and petrified. It's not always that easy. You know, you kind of need some need some guidance you need you know, it's like saying saying to somebody just speak Chinese when you don't speak Chinese right? It's not easy you kind of have to learn it.



Scot McKay 40:25

Well if you've ever been to China they kind of do



Bobby Rio 40:29

yeah, I can imagine



Scot McKay 40:31

you go to Beijing it's like New York is like Why don't you speak English in Beijing is like what you don't speak Mandarin hell's wrong with you go learn and come back and order your noodles later you know? Yeah, but guys go to www.mountain-top-podcast.com front slash Rio RIO like Bobby Rio and Rio de Janeiro same Rio and or Rio Bravo which is a

great movie. So go to WWW dot mountaintop podcast. com front slash Radio RIO and get your hands on make small talk sexy. And Bobby Rio. It is been a pleasure as always to shoot the breeze with you about women and attraction and dating and I'm sure these guys genuinely appreciate it. Thank you.



Bobby Rio 41:09

Yes, Scot great catching up. And always, always a pleasure to



Scot McKay 41:13

Yeah, likewise. and gentlemen, if you have not been to mountaintop podcast calm, and while definitely go check it out. We've got transcripts to every episode from number 150 onward. We also have pictures of all our guests links to all their websites. You can also download free reports there, including what to do when it's time to break up with a woman, which some of you may be considering after today's show knows. And also you can click the big red button in the upper right hand corner and talk to me free for 25 minutes. And I want to know what's on your mind. I want to know what's keeping you from getting the kind of women in your life that you'd like to get. I want to help you figure out what's going to help you get that promotion in your career. What's going to bring more adventure into your life like you'd love to see happened. So let's get on the phone and talk for 25 minutes. It's free. If there's a coaching program that's right for you. That'd be a wonderful thing. And we'll figure that out together as well. It's all there for you at WWW dot math top podcast.com. And until I talk to you again on the next episode, this is Scot McKay from XMY communications in San Antonio, Texas. Be good out there.



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