

Sexual Success...The RIGHT Way To Make It Happen - SFTS43

Scot McKay: You're listening to Snippets from the Summit with your host, Scot McKay. How's it going, gentlemen? This is your main man, Scot McKay, coming at you again with another snippet from the Summit as part of the Mountaintop podcast last week, you'll recall, and if you haven't listened to last week's snippet from the Summit, definitely hit pause on this one. Go back and listen to that five minute segment before you listen to this one because this one's going to follow on the heels of that one. This is part two. Last week we talked about the wrong headed way to go about sexual success. Today, I'm going to show you the right way to go about being sexually successful with women where other guys fail. And boy, do a lot of other guys fail. Just this morning I was going through some of the writings of perfectly good dating coaches who give really good, solid advice for the most part. But there's one component missing, which is what I'm going to share with you today. And the best way I know how to set this up, is by offering a couple of brain teasers for you. Ready? Here we go. First of all, two baby boys are born to the same biological parents on the same day at the same hospital, but they're not twins. How is that possible? Well, you want to pause and think about it, go for it. All right, welcome back. The answer is they're not twins because together they're 2/3 of triplets. Ah. Ah. See, here's another one for you. Two men play five games of checkers. Both men win an even number of games. How's that possible? Again, if you want to pause and think about it, go for it. And we're back. Here's the answer. They didn't play each other, so why am I giving you brain teasers when we're talking about sexual success with women? Well, here's why. I think most guys are stuck inside a box trying to figure out how to get women attracted to them and want to have sex with them when the answer is outside of the box. Much like the answer to those two brain teasers I shared. Okay, so here's the typical thinking of men who are stuck inside this box in

terms of how they're going about trying to get better with women, it's this. How can I improve myself? How can I be better? How can I improve my appearance? How important is it that I go to the gym, eat right, get more sleep, work on my pickup lines, work on my quote unquote game, work on being more charming, et cetera, etc. How much of that is it going to take for me to get better with women? And a lot of guys are beating themselves up trying to approach this level of perfection in terms of their appearance, in terms of their career, in terms of the amount of money they make, in terms of their social skills, et cetera, et cetera. And they're still not getting anywhere with women. Well, that's because they're still thinking inside the box. How do you think outside the box? Well, here it is. The box is you. If you're inwardly focused, thinking about how you're going to get better, how you're going to be stronger, how you're going to have more social skills so that you can go impress women and get women, but you're not thinking outside the box in terms of what about her? Then? Guess what, gentlemen? You're thinking in that transactional mentality, which is, how do I get what I want right now? You know by now the tagline around here is deserve what you want. Well, that's a revolutionary concept because it involves someone else deciding that you were the right person for them. Not just that single sided notion of I want what I want and how do I get it? I mean, here it is once again. If two people are to be in a relationship, then you have two human beings there, both of whom want something out of that relationship. So how do you think outside the box? How do you gain sexual success with women? Listen, it's our right to want to have sex with women. It's perfectly okay to want to succeed with them. But the first thing you have to do is stop worrying about yourself, because you're probably enough already. I mean, unless you're really deficient in hygiene, making no effort to be a better man at all, assuming you've made a reasonable effort to be the best version of yourself, it's going to be enough. And here's how you get somewhere with women. Instead of trying to impress them so much, care about them. Do the Dale Carnegie thing. I will say this once again, I've said it before,

okay? How to Win Friends and Influence People is probably the best dating advice book of all time. And it's 88 years old this month, actually.

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Scot McKay: Why? Because the way to win friends and influence people is to stop worrying about yourself. Stop trying to get people to be impressed with how much you know and how cool you are, and to take an interest in them. Find out why they're cool. Talk about what's important to them. Guys, it works for your fellow men. As well as it works for women. It's not a conversation, it's not a competition. You just talk to women, see how it goes, take an interest in them. And here's the clue that we've talked about before. That's all important. You gotta like women. Now here's the connection, however, that I'm not sure I've ever made before. The more you actually talk to women, the more you are going to like them because you're not going to fear them as much because they're not going to be such a mystery. You're going to know more about how they think, how they tick and how they're not really all out trying to reject you. Especially if you've taken an interest in them and you're trying to help them feel better about themselves. Okay, then once you know more about specific women, it'll be easier for you to assess whether or not they're a good fit for you, whether you're going to connect. Then you can relax and take it easy from there. And gentlemen, when you like women and therefore take an interest in talking to them instead of just pushing your agenda all the time. And granted, some of us are doing this either unconsciously or because it's what we've been taught to do by, well, meaning dating coaches out there. But when you actually take an interest in her, it'll put her in a safe, comfortable mode. Then you can say, you know what, I like you. You're the one I choose. And guess what, guys? Not only will you end up with women you like more and want more, who are your first choice, they're going to feel more comfortable with you. Therefore, they're going to feel more attracted

to you because you chose them and you connected with them. Boom. the clothes fall off and sex happens. Want to talk about this or anything else? Scot Ah, @mountainpodcast.com do be good out there. As always, visit mountainpodcast.com for more.

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